

# Survey and Feedback Materials for TST-FC

THE ANNIE E. CASEY FOUNDATION



APRIL 2017

## **TST-FC: TRAUMA-INFORMED CAREGIVING**

Trauma Systems Therapy for Foster Care (TST-FC) is a skill-building, trauma-focused curriculum for foster parents, including kin and other caregivers. TST-FC was adapted from Trauma Systems Therapy, developed by Dr. Glenn Saxe of NYU's Child Study Center, and written by Kelly McCauley.

## **TST-FC CURRICULUM**

The four-session TST curriculum is available free of charge from the Annie E. Casey Foundation. In addition to these survey and feedback materials, the curriculum includes:

- Four training presentations
- Four facilitator guides
- A foster parent resource guide
- Facilitator preparation and planning
- An implementation guide

## **TECHNICAL ASSISTANCE**

For more information about TST-FC, please contact the Child Welfare Strategy Group at [webmail@aecf.org](mailto:webmail@aecf.org).

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# thank you

## **THANK YOU FOR YOUR INTEREST IN TST-FC!**

The Annie E. Casey Foundation is excited to share *Survey and Feedback Materials* that support Trauma Systems Therapy for Foster Care (TST-FC). TST-FC is a promising curriculum that supports caregivers in their critical roles. TST-FC was piloted in two child welfare agencies in 2015 and evaluated by Child Trends, a nonprofit, nonpartisan research center. Foster parents, caseworkers and supervisors who used it found it immediately helpful in understanding and supporting children and teens in their care.

Part of implementing any training is evaluating whether participants gain in knowledge and skills as a result of the training. Likewise, agencies will want to focus on making continuous improvements in training facilitation and logistics.

Use materials in this publication to review the effectiveness of TST-FC as implemented in your agency, including pre- and post-training surveys for foster parents and agency staff as well as a feedback form for facilitators. Your agency will want to decide how best to use data gathered from these tools to ensure that you get the maximum benefit from this training and realize three goals: Retaining more foster parents in your system, helping them feel more supported and competent in their parenting roles and increasing placement stability for children in their care.

The Casey Foundation hopes your agency will use these survey and feedback materials when it implements TST-FC. Child welfare systems and programs throughout the country are helping children and families thrive and it is the Foundation's honor and pleasure to offer these resources to support you.

Sincerely,

**Tracey Feild**

*Managing Director*

Child Welfare Strategy Group

The Annie E. Casey Foundation





# caregiver pre-training survey

## Trauma Systems Therapy for Foster Care

As part of your participation in TST-FC training, we kindly ask that you complete a survey about your perceptions of trauma and trauma-informed care. We will ask you to complete a similar survey at the end of the training. Thank you for your participation!

**RISKS.** It is not expected that you will be exposed to any risk by answering this survey. The questions will not involve any sensitive information and, therefore, should not cause any discomfort to you.

**BENEFITS.** You will probably not get any benefit from answering the questions but your answers will help us understand how well this training is helping parents learn and use trauma-informed practices.

**COMPENSATION.** You will not be paid (or given anything) to answer this survey.

**CONFIDENTIALITY.** To protect your privacy, your name will not be documented on this survey and your responses will not be able to be traced back to you. Any reports based on the results from this survey will be reported in aggregate.

**VOLUNTARY.** Answering this survey is completely voluntary. There are no consequences for choosing not to answer the survey. Your completing the survey will be taken as your agreement to provide answers.

1. Please indicate your agreement to answer this survey (Check next to the appropriate answer).

I am willing to participate in this survey: Yes \_\_\_\_\_ No \_\_\_\_\_

2. What is today's date? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

### BACKGROUND

3. How many years have you been a foster parent and/or kinship care provider? \_\_\_\_\_

4. What is your educational background? (Check one answer)

- |   |                                       |
|---|---------------------------------------|
| _____ Less than a high school diploma/GED | _____ Bachelor's degree or equivalent |
| _____ High school diploma/GED             | _____ Master's degree                 |
| _____ Some college/college courses        | _____ Doctoral degree                 |

5. What is your gender?

\_\_\_\_\_ Female

\_\_\_\_\_ Male

6. What is your age?

\_\_\_\_\_ 20 years old or less

\_\_\_\_\_ 21-25 years old

\_\_\_\_\_ 26-30 years old

\_\_\_\_\_ 31-40 years old

\_\_\_\_\_ 41-50 years old

\_\_\_\_\_ 50 years old or more

7. Are you Hispanic or Latino?

\_\_\_\_\_ Yes \_\_\_\_\_ No

8. What is your racial background? (Check all that apply)

\_\_\_\_\_ Alaska Native

\_\_\_\_\_ American Indian

\_\_\_\_\_ Asian

\_\_\_\_\_ Black

\_\_\_\_\_ Native Hawaiian/Pacific Islander

\_\_\_\_\_ White

\_\_\_\_\_ Other

### PRIOR TRAINING

9. Please answer the following questions about your trauma training experiences prior to your involvement in TST-FC.

*For each question below, please circle one answer.*

QUESTION:	NONE	VERY LITTLE	SOME	A LOT
How much training have you had on child trauma?	1	2	3	4
How much training have you had on parent trauma?	1	2	3	4
How much training have you had on secondary traumatic stress?	1	2	3	4



**PERCEPTION OF CHILDREN IN FOSTER CARE AND UNDERSTANDING OF TRAUMA**

10. Please rate the following statements to help us understand your perception of children in foster care and your understanding of trauma. *Please circle one answer for each question.*

STATEMENT:	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I understand how traumatic events can impact the way my child's brain works	1	2	3	4	5
Almost all children who have been in foster care or institutions have experienced trauma	1	2	3	4	5
I routinely think about how my child is physically safe in my home, but might not feel safe	1	2	3	4	5
I routinely tell others (teachers, caseworkers, etc.) about my child's traumatic stress symptoms so they can respond more effectively to my child	1	2	3	4	5
An important part of my role as a parent is to identify trauma reminders in my child's life	1	2	3	4	5
My child's past experiences impact how I respond to his/her misbehavior	1	2	3	4	5
Doing things for myself is an important part of being a good parent	1	2	3	4	5
Praises and rewards should outnumber commands and consequences	1	2	3	4	5
It is important for me to have a relationship with my child's therapist	1	2	3	4	5
There is always a reason for misbehavior	1	2	3	4	5
Bedtimes and mealtimes are stressful for children who have been in foster care	1	2	3	4	5
When I think about my child's birth parent(s), I feel sorry that his/her childhood was probably difficult too	1	2	3	4	5
I feel confident about my ability to handle challenging behaviors	1	2	3	4	5
I think defiant kids need to be praised more	1	2	3	4	5
I feel confident speaking up for my child's trauma-specific needs with my child's school or day care	1	2	3	4	5

STATEMENT:	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
If my child brings up the bad things that happened to her/him in the past, I feel like it's a good idea to praise her/him for bringing it up	1	2	3	4	5
I feel like I have the skills to help my child heal	1	2	3	4	5
I know strategies to help my child express a variety of emotions	1	2	3	4	5
It is easy for me to think about the strengths my child has gained from his or her birth family	1	2	3	4	5
When my child has intense feelings that don't seem to make sense, I understand how those feelings might be related to his/her past	1	2	3	4	5
I know the warning signs of problems that can come from caring too much for others and not enough for myself	1	2	3	4	5
I know what I should look for in a trauma-informed assessment for my child	1	2	3	4	5
I can care for a child who rejects me	1	2	3	4	5
I can care for a child who curses at me or says mean and hurtful things to me	1	2	3	4	5
I feel sure of myself as a parent of a child who has experienced trauma	1	2	3	4	5
I know I am doing a good job as a foster parent	1	2	3	4	5
I know things about being a foster parent that would be helpful to other parents	1	2	3	4	5
When things are going badly between my child and me, I keep trying until things begin to change	1	2	3	4	5

*Adapted from the Caring for Children Who Have Experienced Trauma Resource Parent Survey, National Child Traumatic Stress Network, funded by SAMHSA/HHS, 2010*



# caregiver post-training survey

## Trauma Systems Therapy for Foster Care

As part of your participation in TST-FC training, we kindly ask that you complete a post-training survey to tell us about your perceptions of trauma and trauma-informed care. This brief survey should take 15 minutes or less. Thank you for your participation!

**RISKS.** It is not expected that you will be exposed to any risk by answering this survey. The questions will not involve any sensitive information and, therefore, should not cause any discomfort to you.

**BENEFITS.** You will probably not get any benefit from answering the questions but your answers will help us understand how well this training is helping parents learn and use trauma-informed practices.

**COMPENSATION.** You will not be paid (or given anything) to answer this survey.

**CONFIDENTIALITY.** To protect your privacy, your name will not be documented on this survey and your responses will not be able to be traced back to you. Any reports based on the results from this survey will be reported in aggregate.

**VOLUNTARY.** Answering this survey is completely voluntary. There are no consequences for choosing not to answer the survey. Your completing the survey will be taken as your agreement to provide answers.

1. Please indicate your agreement to answer this survey (Check next to the appropriate answer).

I am willing to participate in this survey: Yes \_\_\_\_\_ No \_\_\_\_\_

2. What is today's date? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

3. Please respond to the following statements about the TST-FC training you received. Please circle one answer for each question.

### TRAINING FORMAT AND CONTENT

STATEMENT:	STRONGLY DISAGREE	DISAGREE	SLIGHTLY DISAGREE	SLIGHTLY AGREE	AGREE	STRONGLY AGREE
All sessions of the training were interesting and engaging	1	2	3	4	5	6
There was a good balance of presentations, discussion and activities	1	2	3	4	5	6
I already knew a lot of what was covered in the training	1	2	3	4	5	6

STATEMENT:	STRONGLY DISAGREE	DISAGREE	SLIGHTLY DISAGREE	SLIGHTLY AGREE	AGREE	STRONGLY AGREE
The presenters/trainers were clear and effective	1	2	3	4	5	6
The activities during the trainings were helpful	1	2	3	4	5	6

4a. Please describe your favorite or most helpful activity/activities:

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b. Please describe your least favorite or least helpful activity/activities:

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5. What are your thoughts about trauma and TST-FC?

QUESTION:	NONE	VERY LITTLE	SOME	A LOT
All children who experience trauma will benefit from TST-FC	1	2	3	4
I feel more equipped to care for traumatized children than I did prior to the training	1	2	3	4
My knowledge of TST-FC will be helpful for the children I care for	1	2	3	4
The training will help me talk to my child's worker about how trauma affects children in my care	1	2	3	4

6. Was there anything that you hoped to learn from this training that you did not learn?

\_\_\_\_\_ Yes \_\_\_\_\_ No

IF YES: What were you hoping to learn?

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7. Have you used TST-FC skills, tools or approaches since your training?

\_\_\_\_\_ Yes \_\_\_\_\_ No

8. How many of the following TST-FC tools have you used since your training? Please check all that apply.

\_\_\_\_\_ Moment-by-moment assessment

\_\_\_\_\_ Managing Emotions Guide (MEG)

\_\_\_\_\_ Other (please explain): \_\_\_\_\_

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**PERCEPTION OF CHILDREN IN FOSTER CARE AND UNDERSTANDING OF TRAUMA**

9. Please rate the following statements to help us understand your perception of children in foster care and your understanding of trauma. *Please circle one answer for each question.*

STATEMENT:	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I understand how traumatic events can impact the way my child's brain works	1	2	3	4	5
Almost all children who have been in foster care or institutions have experienced trauma	1	2	3	4	5
I routinely think about how my child is physically safe in my home, but might not feel safe	1	2	3	4	5
I routinely tell others (teachers, caseworkers, etc.) about my child's traumatic stress symptoms so they can respond more effectively to my child	1	2	3	4	5

STATEMENT:	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
An important part of my role as a parent is to identify trauma reminders in my child's life	1	2	3	4	5
My child's past experiences impact how I respond to his/her misbehavior	1	2	3	4	5
Doing things for myself is an important part of being a good parent	1	2	3	4	5
Praises and rewards should outnumber commands and consequences	1	2	3	4	5
It is important for me to have a relationship with my child's therapist	1	2	3	4	5
There is always a reason for misbehavior	1	2	3	4	5
I feel confident talking with my child about his/her feelings about his/her biological parent(s)	1	2	3	4	5
Bedtimes and mealtimes are stressful for children who have been in foster care	1	2	3	4	5
When I think about my child's birth parent(s), I feel sorry that his/her childhood was probably difficult too	1	2	3	4	5
I feel confident about my ability to handle challenging behaviors	1	2	3	4	5
I think defiant kids need to be praised more	1	2	3	4	5
I feel confident speaking up for my child's trauma-specific needs with my child's school or day care	1	2	3	4	5
If my child brings up the bad things that happened to her/him in the past, I feel like it's a good idea to praise her/him for bringing it up	1	2	3	4	5
I feel like I have the skills to help my child heal	1	2	3	4	5
I know strategies to help my child express a variety of emotions	1	2	3	4	5
It is easy for me to think about the strengths my child has gained from his or her birth family	1	2	3	4	5

STATEMENT:	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
When my child has intense feelings that don't seem to make sense, I understand how those feelings might be related to his/her past	1	2	3	4	5
I know the kinds of questions to ask a therapist to determine if he or she is trauma informed	1	2	3	4	5
I know the warning signs of problems that can come from caring too much for others and not enough for myself	1	2	3	4	5
I know what I should look for in a trauma-informed assessment for my child	1	2	3	4	5
I can care for a child who curses at me or says mean and hurtful things to me	1	2	3	4	5
I feel sure of myself as a parent of a child who has experienced trauma	1	2	3	4	5
I know I am doing a good job as a foster parent	1	2	3	4	5
I know things about being a foster parent that would be helpful to other parents	1	2	3	4	5
When things are going badly between my child and me, I keep trying until things begin to change	1	2	3	4	5

*Adapted from the Caring for Children Who Have Experienced Trauma Resource Parent Survey, National Child Traumatic Stress Network, funded by SAMHSA/HHS, 2010*





# staff pre-training survey

## Trauma Systems Therapy for Foster Care

As part of your participation in the TST-FC training, we kindly ask that you complete a survey to tell us about your prior training in child trauma, trauma-informed practices and policies at your agency, and your confidence in providing trauma-informed care.

We will ask you to complete a similar survey at the end of your participation in TST-FC training. This brief survey should take 15 minutes or less. Thank you for your participation!

1. Your name (please print): \_\_\_\_\_

2. What is today's date? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

### BACKGROUND

3. What is your role?

\_\_\_\_\_ Case Manager

\_\_\_\_\_ Therapist

\_\_\_\_\_ Supervisor

\_\_\_\_\_ Attorney

\_\_\_\_\_ Psychopharmacologist

\_\_\_\_\_ Other: \_\_\_\_\_

4. Following the TST-FC training, will you be providing direct services to children and families who are involved in child welfare?

\_\_\_\_\_ Yes \_\_\_\_\_ No

5. How many years have you have worked at this agency? \_\_\_\_\_

6. How many years have you worked with children and families? \_\_\_\_\_

7. What is your educational background? (Check one answer)

\_\_\_\_\_ Less than a high school diploma/GED

\_\_\_\_\_ High school diploma/GED

\_\_\_\_\_ Some college/college courses

- Bachelor's degree or equivalent
- Master's degree
- Doctoral degree

8. What is your gender?

- Female
- Male

9. What is your age?

- 20 years old or less
- 21-25 years old
- 26-30 years old
- 31-40 years old
- 41-50 years old
- 50 years old or more

10. Are you Hispanic or Latino?

- Yes  No

11. What is your racial background? (Check all that apply)

- Alaska Native
- American Indian
- Asian
- Black
- Native Hawaiian/Pacific Islander
- White
- Other

**PRIOR TRAUMA TRAINING**

12. Please answer these questions about your trauma training prior to TST-FC. For each question below, *please circle one answer.*

QUESTION:	NONE	VERY LITTLE	SOME	A LOT
How much training have you had on child trauma?	1	2	3	4
How much training have you had on parent trauma?	1	2	3	4
How much training have you had on secondary traumatic stress?	1	2	3	4

**INDIVIDUAL AND AGENCY PRACTICES IN CHILD TRAUMA**

13. Please rate the following statements to help us understand your perception of how trauma informed your **AGENCY POLICIES AND PRACTICES** are in the areas below. *Please circle one answer for each question.*

STATEMENT:	NOT AT ALL TRUE FOR MY AGENCY	A LITTLE TRUE FOR MY AGENCY	SOMEWHAT TRUE FOR MY AGENCY	MOSTLY TRUE FOR MY AGENCY	COMPLETELY TRUE FOR MY AGENCY
Written policy is established committing to trauma-informed practices	1	2	3	4	5
The agency has a formal system for reviewing whether staff are using trauma-informed practice	1	2	3	4	5
There is a system of communication in place with other agencies working with the child for making trauma-informed decisions about the child or family	1	2	3	4	5
There are structures in place to support consistent trauma-informed responses to children and families across roles within the agency	1	2	3	4	5

14. Please rate the following statements to help us understand your perception of how trauma informed your **AGENCY POLICIES AND PRACTICES** are in the areas below. *Please circle one answer for each question.*

STATEMENT:	NOT AT ALL TRUE FOR MY AGENCY	A LITTLE TRUE FOR MY AGENCY	SOMEWHAT TRUE FOR MY AGENCY	MOSTLY TRUE FOR MY AGENCY	COMPLETELY TRUE FOR MY AGENCY
Families and children are given systematic opportunities to voice needs, concerns and experiences	1	2	3	4	5
The agency has a system in place to develop/sustain common trauma-informed goals with other agencies	1	2	3	4	5
Understanding of the impact of trauma is incorporated into daily decision-making practice at my agency	1	2	3	4	5
Supervision at my agency includes ways to manage personal and professional stress	1	2	3	4	5

15. Please rate the following statements to help us understand your perception of how trauma informed your **AGENCY POLICIES AND PRACTICES** are in the areas below. *Please circle one answer for each question.*

STATEMENT:	NOT AT ALL TRUE FOR MY AGENCY	A LITTLE TRUE FOR MY AGENCY	SOMEWHAT TRUE FOR MY AGENCY	MOSTLY TRUE FOR MY AGENCY	COMPLETELY TRUE FOR MY AGENCY
Trauma-informed safety plans are written/ available for each child (i.e., triggers, behaviors when overstressed, strategies to lower stress, support people for child)	1	2	3	4	5
Staff receive supervision from trauma-informed supervisors	1	2	3	4	5
Timely trauma-informed assessment is available and accessible to children served by my agency	1	2	3	4	5
A continuum of trauma-informed intervention is available for children served by my agency	1	2	3	4	5
A child's definition of emotional safety is included in treatment plans at my agency	1	2	3	4	5
Parents are assessed for the impact of their own trauma history on how they parent their children	1	2	3	4	5
My agency addresses the impact that secondary traumatic stress has on staff	1	2	3	4	5

16. Please rate the following statements to help us understand your perception of how trauma informed your **INDIVIDUAL PRACTICE** is currently. *Please circle one answer for each question.*

STATEMENT:	NOT AT ALL TRUE FOR ME	A LITTLE TRUE FOR ME	SOMEWHAT TRUE FOR ME	MOSTLY TRUE FOR ME	COMPLETELY TRUE FOR ME
I have a clear understanding of what trauma-informed practice means in my professional role	1	2	3	4	5
I feel equipped to help children make meaning of their trauma history and current experiences from a trauma perspective	1	2	3	4	5
In practice, I am utilizing what I believe to be trauma-informed interactions with children and families	1	2	3	4	5

*Trauma Informed System Change Instrument (TISCI, 2nd Ed., Richardson, Coryn, Henry, Black-Pond, & Unrau, 2010)*

## INDIVIDUAL CONFIDENCE IN PROVIDING TRAUMA-INFORMED CARE

17. Please rate the following statements about your confidence in providing trauma-informed care and support prior to your participation in TST-FC training.

- **Direct service workers:** please answer about the parents and other caregivers with whom you work.
- **Supervisors:** if you do not provide direct service, please answer about the staff you supervise.

*Please circle one answer for each question.*

STATEMENT:	STRONGLY DISAGREE	DISAGREE	SLIGHTLY DISAGREE	SLIGHTLY AGREE	AGREE	STRONGLY AGREE
I feel confident in my ability to teach caregivers (or staff I supervise) about the human stress response to trauma	1	2	3	4	5	6
I feel confident in my ability to assess (or support the staff I supervise in assessing) caregivers' self-care practices	1	2	3	4	5	6
I feel confident in supporting (or providing assistance to my staff in supporting) caregivers in identifying their triggers (or things that elicit strong emotions)	1	2	3	4	5	6
I feel confident in my ability to support (or provide assistance to my staff to be able to support) caregivers in implementing effective self-care practices	1	2	3	4	5	6

18. Please rate the following statements about your confidence in providing trauma-informed care and support prior to your participation in TST-FC training.

- **Direct service workers:** please answer about the parents and other caregivers with whom you work.
- **Supervisors:** if you do not provide direct service, please answer about the staff you supervise.

*Please circle one answer for each question.*

STATEMENT:	STRONGLY DISAGREE	DISAGREE	SLIGHTLY DISAGREE	SLIGHTLY AGREE	AGREE	STRONGLY AGREE
I feel confident about my ability to support (or provide assistance to my staff to be able to support) caregivers and teach them strategies for managing children's challenging behaviors	1	2	3	4	5	6
I feel confident in my ability (or the ability of the staff I supervise) to assess whether or not families will need additional services following this intervention	1	2	3	4	5	6
I feel confident in my ability (or the ability of the staff I supervise) to link families to appropriate/ needed services	1	2	3	4	5	6

19. Please circle one answer for each question.

STATEMENT:	STRONGLY DISAGREE	DISAGREE	SLIGHTLY DISAGREE	SLIGHTLY AGREE	AGREE	STRONGLY AGREE
I understand how traumatic events can impact the way children's brains work	1	2	3	4	5	6
Almost all children who have been in foster care or institutions have experienced trauma	1	2	3	4	5	6
I routinely tell others (teachers, caseworkers, etc.) about the traumatic stress symptoms of the children I work with so they can respond more effectively to them	1	2	3	4	5	6
An important part of my role is to identify trauma reminders in the lives of the children I work with	1	2	3	4	5	6
A child's past experiences impact how others should respond to his/her misbehavior	1	2	3	4	5	6
Self-care is an important part of my work	1	2	3	4	5	6
There is always a reason for misbehavior	1	2	3	4	5	6

*Adapted from Caring for Children Who Have Experienced Trauma Resource Parent Survey, National Child Traumatic Stress Network, funded by SAMHSA/HHS, 2010*

# staff post-training survey

## Trauma Systems Therapy for Foster Care

As part of your participation in TST-FC training, we kindly ask that you complete a post-training survey to tell us about your prior training in child trauma, trauma-informed practices and policies at your agency, and your confidence in providing trauma-informed care.

1. Your name (please print): \_\_\_\_\_

2. What is today's date? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

3. Please respond to the following statements about the TST-FC training you received. *Please circle one answer for each question.*

STATEMENT:	STRONGLY DISAGREE	DISAGREE	SLIGHTLY DISAGREE	SLIGHTLY AGREE	AGREE	STRONGLY AGREE
Today's training was interesting and engaging	1	2	3	4	5	6
There was a good balance of presentations, discussion and activities	1	2	3	4	5	6
I already knew a lot of what was covered today	1	2	3	4	5	6
The presenters/trainers were clear and effective	1	2	3	4	5	6

4. Please answer the following questions about your opinion of the potential benefit of TST-FC. *Please circle one answer for each question.*

STATEMENT:	STRONGLY DISAGREE	DISAGREE	SLIGHTLY DISAGREE	SLIGHTLY AGREE	AGREE	STRONGLY AGREE
The training improved my knowledge about strategies to address children's trauma	1	2	3	4	5	6
All children who experience trauma will benefit from TST-FC	1	2	3	4	5	6
Staff who work directly with families will benefit from using TST-FC	1	2	3	4	5	6
Foster parents will benefit from using TST-FC	1	2	3	4	5	6
Staff who do not work directly with families (e.g., supervisors) will benefit from using TST-FC	1	2	3	4	5	6

5. Please answer the following questions about your opinion of the potential benefit of TST-FC. *Please circle one answer for each question.*

STATEMENT:	STRONGLY DISAGREE	DISAGREE	SLIGHTLY DISAGREE	SLIGHTLY AGREE	AGREE	STRONGLY AGREE
I feel more equipped to care for children exposed to trauma than I did prior to the training	1	2	3	4	5	6
My knowledge of TST-FC will be helpful for the children I care for	1	2	3	4	5	6
I feel more equipped to support staff who care for children exposed to trauma than I did prior to the training	1	2	3	4	5	6
My knowledge of TST-FC will be helpful for staff I work with	1	2	3	4	5	6

*Adapted from Massachusetts Child Trauma Project (MCTP) Pre-Training Survey for the Parent Track Curriculum on Trauma Informed Care, which was developed by Jessica Dym Bartlett, Kristine Kinniburgh, Beth Barto and Ruth Bodian (2015) for the Massachusetts Child Trauma Project, Massachusetts Department of Children and Families, Boston.*



# TST-FC facilitator feedback

What aspect(s) of the TST-FC training did you think was most useful for your participants?

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Did any content or activity seem not to resonate with your group? Please describe; be specific.

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Was any content redundant with other trainings offered by your county or office? Please explain.

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Were there any logistical challenges related that should be reconsidered for future trainings? For example, did timing, location, child care, etc., work out? Did AV work?

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What might future facilitators benefit from knowing about what did and did not work well?

What worked well: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What could be improved: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there anything else you think we should know or consider in planning future sessions?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**THANK YOU** for your hard work presenting this training and providing feedback to improve future sessions!