



Who We Are

Founded in 1985, Pace Center for Girls is dedicated to transforming the lives of girls and young women. Pace is a nationally recognized, research-based, gender-responsive model. We believe every girl deserves an opportunity to find her voice; achieve her potential; and celebrate a life defined by responsibility, dignity, serenity, and grace. Pace operates in:

- 26 Florida communities
- 3 South Carolina communities
- 2 Georgia communities

Scan to see services available in your location!



Who We Serve

Pace serves girls aged 11–17 who have experienced trauma and are struggling in school, at home, or in other areas of their lives. We provide a safe and supportive environment where girls can get back on track and find their path to success. By empowering girls and breaking generational cycles of poverty and violence, we help shape the future of communities, the workforce, and the next generation of mothers and community leaders.

Pace girls are nearly twice as likely to be on track to graduate from high school as girls who have not participated in Pace.

80% of girls agree or strongly agree that they feel safe at Pace.

85% of girls agree or strongly agree that Pace team members motivate girls to achieve their personal goals.

“I am extremely happy with the change in behavior, attitude, and the increase of happiness that my daughter has shown. Pace is absolutely amazing!”

—Pace Parent



Growth and Change Ceremony

What We Do

Pace has a culture of caring, purpose, learning, and results. We invite girls to bring their full selves—experiences, cultures, values, and perspectives—and celebrate what makes them unique. Girls harness their strengths, build new skills, and tackle challenges to forge a better path forward.

The Day Program and Reach Program are two of Pace's core offerings, providing year-round individualized support for middle and high school aged girls. Pace's center-based **Day Program** provides a comprehensive and tailored experience for girls needing additional support to get back on track. The **Reach Program** offers behavioral and therapeutic health services for girls and their families—delivered in the home, school, community, or virtually.

Services

Day Program

- Academic assessments and individualized learning services for middle school and high school girls
- College readiness and career preparation
- Spirited Girls life skills curriculum

Both

- Holistic care plans that support girls in improving their relationships with self and with others
- Counseling
- Life skills training
- Psychoeducational groups
- Community engagement and service
- Family engagement and services
- Field trips and other enrichment
- Celebrations of girls' progress and achievements
- Case management

Reach Program

- Behavioral health services
- Therapy



Pace Day at the Capitol

The Annie E. Casey Foundation invested in Pace Center for Girls as a Building Evidence to Advance Equity grantee. Pace is an evidence-based program. Being evidence based means a program has tested the effectiveness of its services in a rigorous evaluation study such as a randomized control trial. Pace also has critical evaluation building blocks in place:

- Certification as a Promising Practice
- Community-based participatory research co-led by Pace girls
- Council of Accreditation
- Fully articulated logic model that shows the pathways between services and expected outcomes



Girls Leadership Council

The Girls Leadership Council (GLC) is a space where girls gain valuable leadership skills, address challenges, and create innovative solutions to shape the future of Pace, their communities, and themselves. GLC amplifies the voices of girls and builds their self-efficacy and self-advocacy skills, empowering them to use their influence. GLC's young leaders are not waiting for opportunities—they are creating them! Pace looks to the GLC to provide insight, feedback, and suggestions about our programs.

"Pace is good at always being there for their girls and making people feel safe and welcome. Always helping people when needed, rewarding girls, and always giving chances."

—Pace Girl

Licensed by the Florida Department of Children and Families to provide substance abuse prevention and intervention services

Sponsored by the Florida Department of Juvenile Justice

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